

AYSO Region 1079 U-10 Team Guidelines

A. PLAYERS

1. Maximum number of players on roster: twelve (12)
2. All players will be 8 or 9 years old on or before July 31.
3. Maximum number of players on the field for a game at any time: nine (9), one of whom may be a goalkeeper
4. No co-ed teams. Separate boys and girls teams are promoted at this level of play

B. COACH

The coach's child will be a member of the team.

The coach is REQUIRED to attend 1 coach's clinic and attend Safe Haven training each year. Coaches will receive their equipment then. Rosters will be distributed just before practices can start. Clinics run ~3 hours.

The Region will provide the coach with equipment (i.e. balls, cones, first aid kit, etc.).

C. PLAYERS' EQUIPMENT

Shinguards: MANDATORY for both practices and games

Uniforms: The Region provides a game uniform for every player (shirt, shorts, and socks)

Footwear: Tennis shoes or soft-cleated soccer shoes. Shoes can not have a toe cleat.

D. THE BALL

Size four (4)

E. PRACTICE

Practices may start the day after the rosters are handed out, unless otherwise specified. The team may practice at any public grassy area such as a public school (the region will help if a permit is needed), public park, or retention basin. Shinguards are MANDATORY to practice or play in the games.

F. TIME CONSTRAINTS

The team is limited to 3 hours of activity a week. Games are an hour of that. So during the season practice is twice a week for an hour. Prior to the season practice is still twice a week.

G. TEAM PARENT

The coach will ask one of the team member's parents to be the Team Parent. They will help organize things for the coach and team. Examples may be; organize the snack schedule, get names for awards, handle the goal keeper's jersey, check in with the information booth weekly, pass out the uniforms, and make phone calls. They will attend a Region Team Parent meeting. This is when they pick up the uniforms

H. REFEREE

The coach will ask 2 of the team member's parents or older siblings to be the Team Referees (1 Regional Referee & 1 side ref). The Regional Referee will referee the team's home games during the season. They will have a Referee Training clinic to go to. The side referee will referee the team's side during all the games. They should also attend a referee class. The Region will supply the regional referee with equipment. Siblings should be at least 2 divisions older for a regional referee.

I. ASSISTANT COACH

The coach may ask one of the team member's parents to be an assistant coach. They will help the team at practice and games and take the coach's place if the coach cannot make a practice or game. They should go to the Assistant Coach clinic and must have Safe Haven training.

J. AWARDS

The Region provides a participation award for every player.

K. CONTACTS

The Region hotline number is 480-985-7783

The Region website is www.ayso1079.com

The national AYSO website is www.soccer.org

The division coordinator will provide the coach with their phone number.

8/17/04

AYSO RECOMMENDATIONS

1. Region standings are not recorded
2. Game scores are not recorded
3. Parents, coaches, and players from both teams exchange handshakes before and/or after each game
4. All players receive participation awards
5. No individual should be allowed to run the length of the field except participants of the game
6. Parents and coaches should encourage players, but not coach or instruct during game time
7. Spectators are not allowed behind either goal or within three (3) yards outside the touchline